



Monday	Tuesday	Wednesday	Thursday	Friday
CLIFFSIDE PARK SENIOR ACTIVITY CENTER 550 GORGE ROAD CLIFFSIDE PARK, NJ 07010 201-943-3768				
<h1 style="margin: 0;">July 2010</h1>				
CONTINENTAL BREAKFAST LUNCH SERVED 11:30 SUGGESTED DONATION \$1.25 ALL RESERVATIONS ARE REQUIRED THE DAY BEFORE by 12 noon CALLING(201)943-3768	Please join us on July 13 th 1pm for an for International Doll Show In the Activity Center 	July 16 th Joey & Maria's Italian Comedy Wedding at Antun's of Westchester \$55.00 Due~ July 9 th	1 8:30 Breakfast Buddies 10:30 Piano by Frank 10:45 Liberty Rehab 12:00 Wal-Mart 12:30 Art Class STUFFED SHELLS W/ MEAT SAUCE	2 8:30 Breakfast Buddies 9:00 Monmouth Raceway 10:30 Exercise Class 1:00 BINGO HOT DOG & SAUERKRAUT
CLOSED FOR INDEPENDENCE DAY 	6 8:30 Breakfast Buddies 10:00 Chorus w/Joe Mule 12:00 Shoprite 12:30 ESL Class 1:00 Wii Bowling KIELBASA	7 8:30 Breakfast Buddies 8:30 Walking 10:30 Exercise Class 1:00 BINGO CHICKEN SALAD PLATTER	8 8:30 Breakfast Buddies 10:30 Piano by Frank 10:45 Laughter (Cheapest Medicine) 12:30 Art Class CHEESE RAVIOLI	9 8:30 Breakfast Buddies 9:00 Tour Hoboken 10:30 Exercise Class 1:00 BINGO BROC. & CH. CHICKEN BREAST
12 8:30 Breakfast Buddies 10:00 Line Dancing 12:00 Senior Yoga 1:00 Mahjong GRILLED CHICKEN W/ SALSA	13 8:30 Breakfast Buddies 10:00 Chorus w/ Joe Mule 12:00 Shoprite 12:30 ESL Class 1:00 International Doll Show EGGPLANT ROLLATINI	14 8:30 Breakfast Buddies 8:30 Walking Club 10:30 Exercise Class 1:00 BINGO 5:00 Movie -Valentines Day TUNA SALAD PLATTER	15 8:30 Breakfast Buddies 10:30 Piano by Frank 10:45 Allstate Medical Supplies 1:00 Art Class 1:00 Tea Party w/Girl Scouts OPEN FACED TURKEY	16 8:30 Breakfast Buddies 9:30 Joey & Maria's Comedy Wedding 10:30 Exercise Class 1:00 BINGO SWEDISH MEATBALLS
19 8:30 A.C. Showboat Trip 8:30 Breakfast Buddies 10:00 Line Dancing 12:00 Senior Yoga 1:00 Mahjong MEATLOAF	20 8:30 Breakfast Buddies 10:00 Chorus w/Joe Mule 12:00 Shop Rite 12:30 ESL Class 1:00 Wii Bowling EGG SALAD PLATTER	21 8:30 Breakfast Buddies 8:30 Walking Club 10:30 Exercise Class 1:00 BINGO BAKED ZITI	22 8:30 Breakfast Buddies 10:30 Piano by Frank 12:30 Art Class 1:00 A.C. Moore Making Memories STUFFED CABBAGE	23 8:30 Breakfast Buddies 10:00 Pier Village 10:30 Exercise Class 1:00 BINGO BBQ CHICKEN
26 8:30 Breakfast Buddies 10:00 Line Dancing 12-Senior Yoga/ 1 Mahjong CHICKEN MARSALA 5-9pm Luau Party Hula Show ~ DJ Nick	27 8:30 Breakfast Buddies 10:00 Chorus w/Joe Mule 12:00 Shop Rite 12:30 ESL Class 1:00 Wii Bowling TURKEY WRAP(MAKE YOUR OWN)	28 8:30 Breakfast Buddies 8:30 Walking Club 10:30 Exercise Class 1:00 BINGO SAUSAGE & PEPPERS	29 8:30 Breakfast Buddies 10:30 Piano by Frank 10:45 Veterans Benefits 12:30 Art Class HAMBURGER	30 8:30 Breakfast Buddies 10:00 Pt. Pleasant Boardwalk 10:30 Exercise Class 1:00 BINGO VEGETABLE LASAGNA

